

Weekend Weather

Saturday
Rain ending late
H70/L61
As of Thursday

Sunday
Rain ending early
H68/L63
Source: 35th OSS Weather Flight

Misawa Air Base DUI/DWI Hitboard

Total number of DUI/DWI incidents at Misawa this year **19**
As of Thursday

Number of days since the last DUI/DWI at Misawa **12**
As of Thursday

Last unit with a DUI/DWI: 35th Communications Squadron

Source: 35th SFS

4th of July Safety

Next weekend, Misawa celebrates Independence Day. Here's some advice to help you stay safe:

- Always obey the speed limit; overspeeding puts you, your family and others at risk.
- Fasten your seatbelts and obey all other traffic laws, signals and signs.
- Don't drink and drive.

Northern Light

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June 25, 2004

35th FW Life Support takes best in Air Force

by Staff Sgt. Marcus McDonald
35th Fighter Wing Public Affairs office

Misawa's 35th Fighter Wing Life Support Section recently took top accolades for their efforts in keeping F-16 pilots ready for the fight.

The team garnered the Air Force's 2003 Outstanding Aircrew Life Support Small Program of the Year.

Master Sgt. William Ryan, 35th FW Life Support superintendent, said he'll accept the award next month at the Worldwide Life Support Conference in San Antonio, Texas.

"This is an extreme honor that all 35th Fighter Wing life support technicians should be proud of," Sergeant Ryan said. "Our team has been recognized for an outstanding work ethic and a natural ability to pull together and get the job done."

Sergeant Ryan explained how life support teams operate.

"Life support sections are usually small," the sergeant said. "However, we're required to maintain a vast number of different programs."

"Our primary concern is pilot safety," he said.



Photo by Staff Sgt. Marcus McDonald
Airman 1st Class Kenyon Roberts, 35th Fighter Wing Life Support, inspects an MBU-20P pilot mask Tuesday.

"Flying and fighting can sometimes prove to be a dangerous occupation. Providing a safety net for the pilots of the 35th Fighter Wing enables aircrew members to concentrate on effective combat training. The last thing pilots need to be worried about is their own survival."

The master sergeant said Misawa's life support team isn't shy about winning awards.

"We've taken the Pacific Air Forces' award three years in a row," he said. "This Air Force win shows how hard work pays off in the end."

Airman 1st Class Stephanie Roberts, life support technician, voiced her views about winning first place at the Air Force level.

"I arrived at Misawa in 2003," she said. "It was very impressive to come into a shop that was held to such a high standard of excellence. This life support team and this base really rock!"

Airman 1st Class Kenyon Howard, another life support technician, said his team is constantly learning.

"On duty, we have fun and learn new skills to keep the pilots safe," Airman Howard said. "Off duty, we're still learning — finding out about each other's hobbies and interests."

The Airman said Misawa seems like a family because of how everyone comes together to get the job done.

"Being a part of Misawa is just like being a part of a big family," the Airman said. "We're all family; we're all one team."

Anticipation

Judith Nainggolan, 10, left, and Jeleisa Spencer, 11, make a welcome home poster in the Misawa City Airport Monday as they await the arrival of Jeleisa's mom, Tech. Sgt. Paula Spencer, 35th Logistics Readiness Squadron. Due to inclement weather, Sergeant Spencer's flight to the airport was canceled twice. She and a group of other Misawa warriors returned from their deployment via the Misawa City Train Station that evening. Others are expected to return from their deployments today and throughout the next few weeks.



Photo by Staff Sgt. Marcus McDonald

AIMD Misawa ranks as best

by Petty Officer 1st Class
Sarah King

Naval Air Facility Public Affairs office

Sailors from the Aircraft Intermediate Maintenance Detachment Misawa recently took the top slot in an aviation maintenance inspection.

During the past year, a visiting aviation maintenance management team evaluated 13 commands, but AIMD Misawa was rated as their best.

The team evaluated AIMD on their knowledge of information contained in a naval aviation maintenance program manual.

"This manual is our Bible," said Lt. Cmdr. Charles Barber, assistant maintenance officer, AIMD Misawa. "It gives us guidelines on how to set up an AIMD and what programs we need in place to make it run effectively and efficiently."

Among the specific areas the team looked at were quality assurance, auditing, maintenance training, safety and procedure control.

It had been three years since the command stood the inspection, but officials

See 'Inspection'
Continued on Page 4

Think before you get behind the wheel

■ **Editor's note:** This commentary mirrors the commander's weekly update on AFN Misawa.

by **Brig. Gen. William J. Rew**
35th Fighter Wing and Misawa Air Base
installation commander

I'm very upset about something that's having a major impact on our community. This year, we've seen a significant increase in serious vehicle mishaps at Misawa — and despite all of our best efforts, it's getting worse, not better. Our reckless driving habits are primarily speeding, inattention, and driving after drinking.

We're killing or seriously injuring innocent people on the roads and we're also causing thousands of dollars in damage to Japanese vehicles and property. Americans in Misawa are now getting a reputation as a traffic menace.

Not only are we causing needless tragedy for our Japanese hosts, but we're also undermining our alliance during our global war on terrorism.



Courtesy photo

Members of the Misawa community should use caution when they get behind the wheel to prevent accidents such as this one, which took place last week.

As the Misawa installation commander, I'm simply fed up with this and things have to change.

Everyone must understand that driving here in Japan is a privilege, not a right. Effective immediately, I'm enacting some tougher punishments for those who refuse to drive safely. For example, if you're caught speeding more than 30 kilometers per hour over the posted limit, you lose your driving privileges for three months.

Also, when any military or civilian receives a DUI citation off base, they'll lose their USFJ driving license for one year.

Quite simply, unless you like to walk, don't speed or drive after drinking.

The real solution couldn't be simpler. If you're driving, slow down; obey the traffic signs and drive defensively.

If you see a fellow American doing something stupid on the roads, report them to our security forces. Remember, we're all American ambassadors to Japan every day we're here.

I realize this is a strong message; it's intended it to be. We enjoy the best community relations of any U.S. military installation in Japan. Let's keep it that way.

It's time to stop killing people off-base. It's time to stop disrupting the community through bad driving decisions.

I need your help to get us back on the right track. Please, slow down and drive safely. Thank you.

Proud to serve: my view of the military

by **1st Lt. Steven James**
745th Expeditionary Airlift Squadron

Duty, honor, integrity, commitment and sacrifice. Our deployed units across the world are constantly reminded of these five simple, yet significant words.

Recent images of our fight against terrorism have invoked strong emotions in the hearts and minds of our Soldiers, Sailors, Airmen and Marines.

In front of the world, newspapers, magazines and televisions show our struggle to bring peace and stability to the Middle East.

We see and read about ambushes of coalition convoys, roadside bombs, civilian contractors being tortured and killed, and flag draped coffins carrying the remains of our fallen heroes.

While family and friends are left

with these images, a seemingly heavy blow to our nation's morale, let there be no question of our will and determination to protect America, its allies and interests.

Our resolve remains steadfast in the face of international terrorism.

Those who have paid the ultimate price wouldn't want it any other way.

The commitment to protect our way of life and to stop the spread of terror is as strong now as it was on Sept. 11.

Let there be no doubt. Our sacrifices are too great.

The brave men and women of our coalition forces and civilian counterparts are extraordinary people who commit their lives on a daily basis to preserve and protect our greatest asset: freedom.

While the media tends to focus on the "gloom and doom" of the war

on terror, we must remain on our course.

America is proud of us and of the sacrifices we make to protect our values.

I want you to be proud of yourself as well.

You have made the choice to fight for what you believe in and to take a stand when others may not have done the same. We aren't in our profession for money or prestige, but simply to make a difference in the world and in the lives of oppressed people.

The words duty, honor, integrity, commitment and sacrifice are not just words to us, they are reality.

My heart fills with pride knowing that our nation still produces men and women who are asked to lay their lives on the line every day and yet do it without question, for we already know the answer.

Fireworks safety keeps people from getting hurt

Shooting fireworks is usually a part of Independence Day celebrations. It's like barbecues and going to the lake. Unfortunately, fireworks are associated with lots of unnecessary injuries.

Before you light up the firecrackers this July 4, remember there are unique circumstances in which you can use fireworks in Misawa.

In accordance to 35th Fighter Wing Instruction 32-2001, *fire prevention*, fireworks are not allowed on base.

However, if you are using fireworks off base, the following guidelines are essential.

Here are some reminders:

■ Always read and follow label directions.

■ Have water, such as a connected hose or bucket, available in case of a fire.

- Never experiment or make your own fireworks.
- Light only one firework at a time.

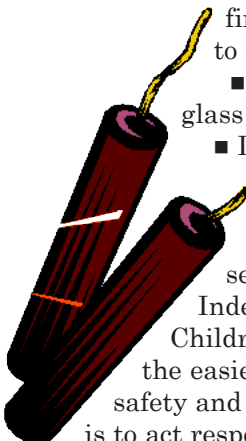
■ Never relight a malfunctioning firework. Wait 15 to 20 minutes for it to cool and then soak it in water.

■ Never shoot fireworks in metal or glass containers.

■ Dispose of fireworks properly by soaking them in water and then putting them in a trash can.

A responsible adult should be present to set an example for children at Independence Day celebrations.

Children learn by watching others. One of the easiest ways to teach children fireworks safety and prevent Independence Day injuries is to act responsibly. (Courtesy of the 35th Fighter Wing Safety office.)



Commander's Action Line (226-3700) Please Use It



The Action Line provides "direct communication" between you and me. This valuable open channel has but one purpose — to make our community better. Your input of ideas, concerns, highlighting problems and suggested solutions are the lifeblood to building a stronger foundation where our families thrive and our mission succeeds. There are many dedicated professionals at Misawa — officer, noncommissioned officer and civilian — who are experts in their respective fields. Please offer them the opportunity to answer your question in concert with your unit chain of command. They share the same vision for Misawa as I do. However, those concerns that do come to the Action Line have my personal attention.

William J. Rew

Brig. Gen. William J. Rew
35th Fighter Wing and
Misawa Air Base
installation commander

Who to call for assistance

Air Force Aid Society	226-9316
American Red Cross	226-3016
Auto skills center	226-4654
Bowling center	222-7731
Chaplain	226-4630
Commissary manager	226-3823
Community center	226-4128
Education center	226-4201
Enlisted club	222-9449
Facility maintenance	226-3693
Family day care	226-2273
Family services	226-3665
Family support center	226-4735
Health and wellness center ..	226-6653
Hospital	226-3506
Housing maintenance	226-2327
Housing manager	226-2394
Housing office	226-3200
Law enforcement desk	226-4358
Library	226-4083
Main exchange manager	222-7410
Military clothing sales	222-8709
Officers' club	226-2016
Pass and registration	226-3995
Teen center	226-2170
35th Services Squadron	226-3008
Youth center	226-3200

Briefs

■ **VA representative visit** — A Veterans Affairs representative visits Misawa Monday through July 2 to discuss issues and answer questions about veteran benefits. Briefings take place from 10 a.m. to noon and from 2 to 4 p.m. Tuesday in the Mokuteki Community Center Ballroom. One-on-one appointments will take place in the family support center. For more information, call 226-4735.

■ **Quilt guild meeting** — The Pieces of Misawa Quilt Guild meets at 6 p.m. Monday in Bldg. 31. For more information, call Cathi Kiser at 226-9039 or 53-2703.

■ **Newcomer's orientation** — Misawa's next newcomers' orientation briefing is scheduled for 7:45 a.m. Tuesday in the Mutsu Officer's Club Ballroom. This briefing is mandatory for all newly assigned personnel to the base, with the exception of newly arrived Airmen attending the Misawa First Term Airman Center. People who haven't attended a previous briefing are required to attend this one. Family members are welcome and encouraged to attend. For more information, call 226-3962.

■ **MOSC scholarship** — The Misawa Officers' Spouses Club offers a new scholarship for spouses and children of active-duty military members and others stationed at Misawa. Applications are available in the main office of Edgren High School through July 1. For more information, call Leslie Carmean at 222-9987.

■ **Summer school** — Summer school for Sollars and Cummings Elementary School students begins July 5 at Sollars. Tuition for the two four-week sessions is based on the sponsor's salary. An emphasis this year will be placed on reading and language arts. Students who have completed grades 1-6 may attend. For more information, call 226-3933.

■ **301st IS command change** — Command of the 301st Intelligence Squadron changes hands at 3:01 p.m. July 15 in the Tohoku Enlisted Club Ballroom. Lt. Col. James Plott will pass the 301st IS guidon to Lt. Col. Mark Schwalm.

■ **Collector's fair** — Misawa's next collector's fair is set for 10 a.m. to 6 p.m. July 17 in the Mokuteki Community Center Ballroom. Seller's fees don't apply for those selling collector's items (coins, stamps, comics, sports cards, etc.). To reserve a table or for more information, call 226-4128.



Photo by Staff Sgt. Andrew Rodier

Honoring heroes

Representatives from all four U.S. military services, the Air Force, Navy, Army and Marines take part in the POW/MIA ceremony as part of this year's Army Ball in the Tohoku Enlisted Club Ballroom June 18. The ball was in celebration of the Army's 229th birthday.

President condemns 'brutal' murder of South Korean contractor by group

by Gene Harper
American Forces Press Service

President George W. Bush said he believes South Korean President Roh Moo-hyun understands the Free World can't "be intimidated by the brutal action of these barbaric people" who murdered a South Korean contractor in Iraq Tuesday.

News reports said the South Korean Foreign Ministry confirmed the body of Kim Sun-il was found between Baghdad and Fallujah. An Iraqi militant group kidnapped Kim on June 17.

"What they're trying to do is ... to shake our will and confidence," Bush said about the Iraqi militants after a White House meeting with Hungarian Prime Minister Peter Medgyessy. "They're trying to get us to withdraw from the world so that they can impose their dark vision on people."

"In order to impose their vision, they want us to leave. They want us

to cower in the face of their brutal killings," the president noted. He vowed "the United States will not be intimidated by these people, because we believe strongly in freedom and liberty and human rights and human dignity. And I believe President Roh understands that."

The South Korean government had rejected the abductors' earlier demands that it pull its troops out of Iraq to spare Kim's life.

In his meeting with Hungary's Medgyessy, President Bush also extended condolences to the family of a Hungarian soldier killed June 17 in Iraq. "I want his folks to know that we will complete our task, and the world will be more peaceful and more free because Iraq will be free and peaceful," Bush said.

He called Medgyessy "a strong leader for Hungary" and "a strong visionary" for the United States and for free and peaceful societies.

"The death of the Hungarian soldier is ... very painful to all of us,"

Medgyessy said. "Nevertheless, I could confirm to the president that Hungary's commitment to the presence in Iraq is unchanged." He said his country would continue to "promote stabilization" and that Hungarian troops would remain.

"What's important for the Iraqis to know," President Bush said, "is that the world stands with them as a free society emerges." He called Hungary a "great example" of what's possible in a free society that has "rejected totalitarianism and has now welcomed democracy and rule of law and human rights and human dignity."

"It helps to have troops fulfill certain missions as we help rebuild Iraq," President Bush said. It's more than just a symbol. These troops are providing a very important role as Iraq emerges from a society run and brutalized by a tyrant to a society in which people are able to realize their hopes and aspirations."

Northern Light

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The deadline for submission of articles to the Northern Light editor is 4:30 p.m. Friday for publication in the next available issue.

All photos are U.S. Air Force photos unless otherwise indicated. This funded Air Force newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the Northern Light are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the 35th Fighter Wing Public Affairs Office at Misawa Air Base, Japan.

Do you have a story or photo idea/submission? E-mail northern.light@misawa.af.mil or call 226-3814.

Briefs

■ **Sexual assault training** — The 35th Fighter Wing's annual sexual assault training is set for July 22-23 and July 26, 27 and 28 in the Mutsu Officers' Club Ballroom. Two sessions take place daily. One session is from 8 to 10 a.m. and another is from 1 to 3 p.m. The training is mandatory for active-duty Air Force members. For more information, call the 35th Fighter Wing Plans, Programs and Inspections office at 226-2097.

■ **Vacation Bible School** — The Misawa Chapel holds Vacation Bible School from 9 a.m. to noon July 25-30 in Cummings Elementary School. Registration for students begins Sunday and continues through July 11. For more information, call 226-4630 or e-mail tracey.kowalewski@misawa.af.mil.

■ **Tax assistance** — People can request an extension to push their tax deadline to Aug. 15. For more information or for other tax assistance, call the 35th Fighter Wing Legal office at 226-4022.

■ **Saturday opening** — The base's Community Bank opens from 10 a.m. to 1 p.m. every Saturday through Aug. 14. Available services include check cashing, new accounts and yen sales. For more information, call Art Gilcrest, bank manager, at 226-4070.

■ **New hours** — The 35th Logistics Readiness Squadron Traffic Management Flight has new customer service hours: from 8 a.m. to 2:30 p.m. Mondays; 8 a.m. to noon Tuesdays; and from 8 a.m. to 2:30 p.m. Wednesdays through Fridays. For more information, call 226-4027.

■ **Water conservation** — The base's main water plant is off line through Nov. 1 for system upgrades, reducing the water-producing capability for Main Base. During this time, Main Base residents are asked to discontinue watering lawns, washing privately owned vehicles, operating washing machines and dishwashers without full loads. Residents should also turn off their garbage disposal and water when the grinding has stopped and report leaking faucets without delay. For more information, call 226-3694.

■ **EXTREME program** — Misawa now has a program for unaccompanied Soldiers, Sailors, Airmen and Marines in the ranks of E-4 and below. The program includes free events, \$5 trips and various games. For more information, e-mail Daniel McBride at daniel.mcbride@misawa.af.mil.

Balancing act

Petty Officer 2nd Class Chris Quimby, Patrol Squadron One, balances an egg on his spoon during the Misawa Commissary's recent "Supermarket Sweep." The event was part of the store's outreach program aimed at educating servicemembers on the advantages and benefits of the Defense Commissary Agency.



Photo by Petty Officer 1st Class Sarah King

'Inspection' continued from Page 1

said they were more prepared than ever. Senior Chief Petty Officer Bill Oldham, AIMD quality assurance officer, said it was business as usual.

"We did some walk-throughs to ensure nothing slipped through the cracks, but we didn't do anything different," the senior chief said. "It was just second nature to us; we did what we were accustomed to doing and landed success."

This was the first inspection in which the Navy maintenance unit stood under new criteria.

"In the past, they placed a lot of emphasis on paperwork," Senior Chief Oldham said. "Now, they go up to the new guy on the block and say, 'show me how to weld something, or take something apart and test it.'"

"They also do practicals and drills as part of the inspection," he said. "We went through 29 drills and 18 practicals."

Following the inspection

Since the inspection, AIMD has welcomed Sailors from the P-3 Sea Operational Detachments Naval Air Station Whidbey Island, Wash., and Marine Corps Air Station Kaneohe Bay, Hawaii.

These personnel are sent to assist the command with the increased workloads from squadrons deployed to Misawa.

The Grey Nights of Patrol Squadron 46 will be the first squadron to participate in a personnel change that is taking place.

In the past, personnel would be sent temporarily from the squad-

ron to AIMD. Now, these personnel are assigned to AIMD from the Sea Operational Detachment. This change may not be visible to Sailors on the deckplates, but it'll impact senior leadership.

"This change will affect the command's administrative procedures the most," Lt. Cmdr. Barber said. "Sailors will see a different signature on chits and evaluations. However, the senior leadership will be the ones responsible for constantly training Sailors, completing evaluations, and taking necessary disciplinary actions."

VP-46 will be deployed to Misawa for six months. They recently replaced the Screaming Eagles from Patrol Squadron One, who are based at Naval Air Station Whidbey Island, Wash.

House hears military construction testimony

by Tech. Sgt. David Jablonski
Air Force Print News

Justification for the Air Force's annual construction budget request, according to the service's top uniformed official, can usually be summed up in two words — mission accomplishment.

That message was the central theme during testimony on Capitol Hill Tuesday, Air Force Chief of Staff Gen. John Jumper and the assistant secretary of the Air Force for installations, environment and logistics, Nelson Gibbs, testified before the House Committee on Appropriations, subcommittee on military construction. The leaders discussed the fiscal 2005 Air Force budget overview for military construction.

"The Air Force (fiscal) 2005 military construction budget request reflects our commitment to ensuring

the Air Force's continued ability to execute the full range of air and space missions," the general said. "In turn, the Air Force continues to maintain the commitments made last year to invest wisely in installations from which we project air and space power; take care of our people and their families with adequate housing and quality-of-life improvements; and to sustain the public trust through prudent environmental management."

Continuing a positive trend into 2005, the Air Force military construction program is about the same as the previous year with an increase in the military-family housing program.

The requested \$2.6 billion for total-force military construction and military-family housing is a \$200 million increase from last year's request. More than \$1.7 billion is planned for family housing.

Air Force selects more than 250 here for E-6, E-7

This week, the Air Force selected 146 new technical sergeants and 85 new master sergeants from Misawa for promotion.

The promotion rate for the base was higher this year, with 22.80 percent of eligible staff sergeants being chosen for technical sergeant and 34.39 percent of eligible technical sergeants being selected for master sergeant.

The Air Force selected 6,217 of 23,956 eligible technical sergeants for promotion to master sergeant, a 25.95 percent selection rate; and 9,114 of 42,248 eligible staff sergeants for promotion to technical sergeant, a 21.57 percent selection rate.

The final tally will increase as the Air Force receives score tests for those members currently deployed, said officials. As usual, each of those airmen has from 30-60 days after they return home to test. The master sergeant selection rate rose .39 percent points from last year, while this year's technical sergeant rate dropped .32 percent points from last year.

"This year has proven to be another banner year in terms of the number of people who have been able to earn promotions," said Chief Master Sgt. Mark Billingsley, enlisted promotions branch chief at the Air Force Personnel Center, Randolph Air Force Base, Texas. "The Air Force

had predicted we'd see rates start to stabilize and that's what is happening here.

"The rates this year are almost identical to last year's rates, but we are actually able to promote several thousand more people to each rank than we did initially last year," she said. "That's because we're getting a better handle on testing folks before they deploy — trying to get in sync with the AEF battle rhythm.

"The higher number of people selected is very good news for those Airman who are showing through performance and preparation the potential for more responsibility and the higher rank to go with it." *(Courtesy of Air Force Print News.)*

TECH. SGT.

35th Fighter Wing
Adrienne Cohen
Shair Horton
Ohn Kam
Tommy McInnis III
Aaron McIntosh
Jamie Anderson
Schelaundye Owens

Christopher Klein
Tramisha Moses
Dorothy Poles
Angela Suafoa

35th Contracting Squadron
Tracy Marcinowski

Robert Chewning
Matthew Geiger
Mark Hanson
Christoph Hargrove
Jeffery Jackson
Neil Kellahan
Darvin Moore
Jonathan Oakley
Gerald Pine
Christopher Roehm
Kevin Schaller
Theresa Schaller
Anthony Spencer
Kenneth Stull
Robert Terrell
Samuel Wease
Marty Skipper

Adrian Outlaw

35th Aeromedical Medicine Squadron
Mathusalem Channel
Damari Quintilian
Nicholas Schaal
Monty Wood

Richard Bennett
Francin Huntconley
Steven Jeffries
Adelaide Pelzer
Laketa Wall
Maribeth Williams
Mary Russ
Brian Soeder

35th Comptroller Squadron
Daniel Bird
Brandi Kosino
Monica Lopez

373rd Intelligence Group
Rachel Caccamise
Steven Barnhart

35th Civil Engineer Squadron
Norman Becker
John Lewis
Andrew Malinich
Adam Roberts
Jason Stone
Keith Ware
William Webb
Karen Hastings
Lamar Heard
Bradley Steele

35th Maintenance Squadron
David Allshouse
Keven Boudreaux
Donald Brown
Timothy Coffey
Michael Crump
Christi Dombrowski
John Hamilton
Michael Haney
Earl Hansen
Raymond Helsley
Travis Jalaliddin
Gary Lawson
Shawn Lux
Michael Pallone
William Richards
Steven Rosson
Jake Salinas
Dale Sickels
Charles Singleton
Derrick Sorrell
James Valentine
Richard Wagner
Peyton Wrenn

35th Operations Support Squadron
James Seballes
Christoph Williams
Janelle Zaemich

301st Intelligence Squadron
Seth Alexander
Eric Aspnes

715th Air Mobility Operation Group
Murrell Stanton

MASTER SGT.



35th FW
Lori Houchin
Thomas Lowe
Kevin Mock

301st IS
Lisa Christy
Daniel Robinson
Penn Swedberg
Mike Topps

14th FS
Valerie Bell
Moses Johnson Jr.
Terry Johnson

35th AMDS
Charles Acron

35th AMXS
Karen Boerman
Timothy Kellner
Michael Martinez
David Miller
Richard Robinson
Patrick Stansbery

35th CES
Matthew Ameden
John Ericson
Jeffrey Hurley
Brett Johnson
Timothy Perkins
Nic Sison

35th CONS
Wesley Mason
John Walker Jr.

35th CPTS
Crystal French

35th CS
Steven Higgins
Curtis Pruden
Michael Staggs

35th DS
Tyronne Dales

Mark Huston

35th LRS
Kent Cheshire
Jonathon Curl
Daniel Dietz
Ronald Duran
Marvin Gordy
Amos Ransom III
Paula Spencer
Paul Vallee

35th MDSS
Shawn Smith
Oscar Sotomayor
Roy Young Jr.

35th MOS
John Adams
Donald Biddle
Adam Furusho
Willaim Gomez
Rogelio Vivero

35th MSG
Kelly Schell

35th MSS
Lisa Wills

35th MXG
Shawn Warren

35th MXS
Gregory Beisley
Lowrance Hunt IV
Edward Ingledew
Richard Lipphardt
Terrance Mergerson
Lonnie Minton
Darrell Pevler
Michael Sykes

35th OSS
David Coens

35th SFS
Alexander Dunsire
Ryan Greenwood
Donald Kuehl
Ronny Standish

373rd SPTS
Iris Higgins
Kelvin Johnson
Robert Wymer

35th SVS
Reyes Madrid
David Minard Jr.
Archie Morgan

372nd Training Squadron
Michael Hill



35th Security Forces Squadron
Pierre Carre
Carmaneta Dixon
Janet Dudley
Damian Mcentee
Steven Redmon
Bruce Stohlman
Bryan Wheeler

35th Services Squadron
Jason Moyers
Gregg Rankin

35th Communications Squadron
Christiop Arrington
Andy Bellamy
Andrew Dapkins
Davis Wendi
Rex Hinkamper
Eric Kruger
Muriel Manns
John Phiasiripanyo
Andrew Rodier
Brian Withrow

35th Logistics Readiness Squadron

Robert Carroll
Samuel Holmes
Robert Wiley

35th Mission Support Squadron
Vanessa Greenwood
Rebecca Griffin

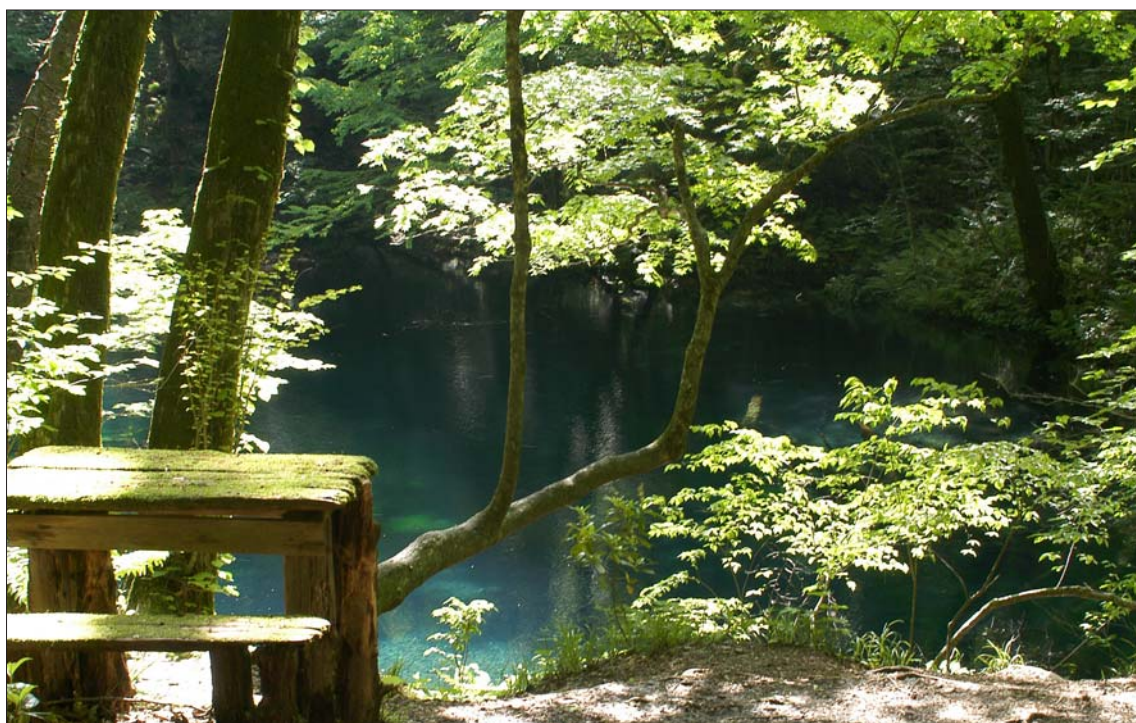
35th Medical Support Squadron
Stephen Griffin

35th Maintenance Operations Squadron
Eric Collins
Mark Day
Jamie Wertz

35th Aircraft Maintenance Squadron
Michael Anderson
Joel Booth
Eric Boozer
Salv Castillolerma

35th Medical Support Squadron
Stephen Griffin
Christopher Klein
Tramisha Moses
Dorothy Poles
Angela Suafoa

35th Dental Squadron
Beneria Hill
Melissa Nies



Courtesy photos

A view of the Juniko, or 12, Lakes on the west side of Japan features a picturesque view from above and at ground level.

Going to the west side... the Juniko Lakes

by Simon Bernard
Aomori Prefecture liaison

When it comes to camping or doing something outdoors, most find it's hard to find a place to please everybody — unless, that is, you've been to the Juniko Lakes on the Sea of Japan.

If any of the following interests you, a visit to the west side of Japan is the solution: swimming in the ocean (without a wetsuit to keep you warm); going down backpack trails on a mountain bike; strolling through nature; an hour-and-a-half mountain hike to a breathtaking view; trout fishing, paddling a boat across a mirrored lake, or lounging in a Finnish sauna before retiring for the night.

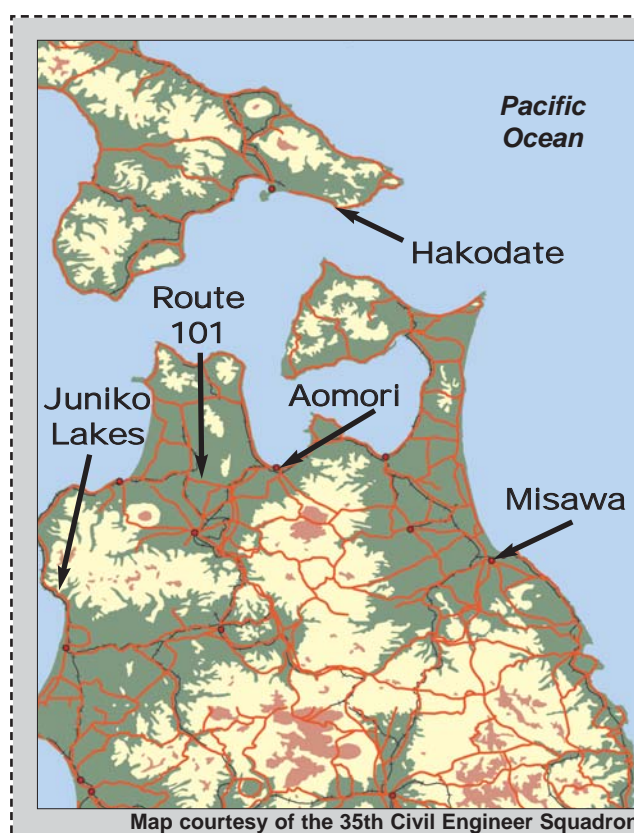
Location

Located in the village of Iwasaki in southwestern Aomori Prefecture, all of the above and the Japan Canyon makes this three- to four-hour drive from Misawa a trip to consider. Formed some 300 years ago by earthquakes, the 33 lakes and ponds make up one of the most scenic spots in the Tohoku Region.

The amount of time spent behind the wheel depends on how many times you stop and take photos of the coastal scenery — that, however, is part of the adventure. When turning off Route 101 to go the Juniko Lakes, you will first see a view of Japan Canyon. Further up the road, you'll find lakes with boats for rent, restaurants and souvenir shops grilling fresh trout. Don't miss seeing the two bears there — a brother and sister pair that were found when they were cubs.

At this point, the road splits. To the left of the split, you will see more lakes and a visitor's center, which includes a pond full of large trout. Fishing is allowed, but only in the first four lakes on the left as you drive from Route 101. Further up the road, you will find a Japanese tea house. Mountain spring water makes the tea at this hiker's rest spot a favorite of many.

At the end of the road awaits a parking area and a short walk to Aoike (the Blue Pond). Just below is the sign 'Ohkuzure,' marking the



Map courtesy of the 35th Civil Engineer Squadron

beginning of the mountain hike to a view of the lakes with the Sea of Japan in the background. Just past Aoike to the right is a hiking trail that circles back to the campgrounds.

Exploring the Gangara coastal rocks and caves can be exciting. Drive or bike down to Route 101, turn right and take the road before the tunnel to the left. Go past the hot springs and follow to the end. Visiting the area around sunset is a must if you want to take prize-winning photos. There are stairs leading to the lookout on top of the cliff. On the other side of the tunnel is Moriyama Beach. Park your car near the railroad tracks and walk to the site. This sandy shallow beach is perfect for families. Fishing is great from the pier or off the rocks at Gangara.

Turning left on Route 101 will take you to the start of the hiking path to Mt. Shirakami, which is located in the United Nations World Heritage Beach Forest Preserve.

Directions

❑ Go out the Main Gate; turn right at the second street after the light. Turn right at the fourth street, you will end up going around the perimeter of the base. Turn right at the Y and you will be on Route 8. From the Y, go 16 kilometers and turn left at the Circle K light.

❑ Go 0.7 kilometers and turn right. Go over the bridge and go straight; this road will eventually take you to the Michinoku Toll Road. After paying an 820-yen toll (for mid-sized cars), continue straight until you see the sign for Aomori Higashi Expressway; turn left to get on the expressway. After purchasing a ticket, continue straight toward Namioka, this expressway will merge with the Tohoku Expressway.

❑ Get off at the Namioka Interchange and pay an 800-yen toll (for mid-sized cars). Continue straight and you will run into the Tsugaru Expressway. Go to the end of this expressway (no charge), when it ends turn left at the T. You are now on Route 101. You can continue on Route 101 to the Juniko Lakes.

❑ **Shortcut:** From the T, you can take a shortcut. First, go 5.1 kilometers and turn left toward Ajigasawa. Follow this road 1.3 kilometers through a park and turn left at the light. You are now on Route 154.

❑ Go 4 kilometers to the T and turn right. Go 0.8 kilometers and turn left at the Circle K light. You are now back on Route 101. After 78.8 kilometers, turn left and you will be going to the Juniko Lakes.

More information and guides for trekking through this area can be found in the office at Santaland, found a few minutes away from the campground. At this site, children can play at the outdoor recreation playground and see Santa's reindeer brought in from Finland. For more information about Shirakami and Santaland, see today's issue of *The Insider* — found at various locations around base.

Visit again

Many people also visit the area in the fall to view the foliage of the mountains, so be sure to keep a copy of this week's *Northern Light* and *The Insider* for the remainder of the year.

A color, online version of this issue can be found on the base homepage. Visit www.misawa.af.mil, click on "Public Affairs," then "The Northern Light," then "Northern Light Online."

Happy trails as you go from the east side to the west side of Japan.

Misawa Salutes

Congratulations to the recent graduates of the 35th Fighter Wing Airman Leadership School Class 04-E:

Senior Airman Mario Adinolfi, 35th Maintenance Squadron; **Senior Airman Israel Arredono**, 610th Air Control Flight; **Senior Airman Yarick Arriagam**, 35th Aircraft Maintenance Squadron; **Staff Sgt. Sandra Barraza**, Communication Squadron; **Petty Officer 3rd Class Nicolas Betz**, Commander Task Force 72/52; **Senior Airman Dustin Both**, 35th Dental Squadron; **Senior Airman Thomas Burke**, 35th Services Squadron; **Senior Airman William Deloatch**, 35th MXS; **Senior Airman Mark Fox**, 35th Security Forces Squadron; **Senior Airman Pablo Herrera**, 35th MXS; **Senior Airman Shane Horn**, 35th Contracting Squadron; **Senior Airman**

Benjamin Jimenez, 35th MXS; **Senior Airman Dwight Lyons**, 35th CS; **Senior Airman Joseph Massey**, 35th MXS; **Senior Airman Gary McCord**, 35th AMXS; **Senior Airman LaShelle McGowan**, 301st Intelligence Squadron; **Senior Airman Charles Mitchell Sr.**, 35th MXS; **Petty Officer 2nd Class Anthony Mroczek**, Naval Air Facility; **Senior Airman Tsuyoshi Murayama**, Japan Air Self Defense Force; **Senior Airman David Nichols**, 35th CS; **Senior Airman Jun Oikawa**, JASDF; **Senior Airman Joshua Orzech**, 373rd Support Squadron; **Senior Airman Michael Ragsdale**, 35th MXS; **Senior Airman Richard Randall III**, 35th Civil Engineer Squadron; **Senior Airman Scottie Rodriguez**, 35th CS; **Senior Airman James Spears**, 35th CES; and **Spc. Weber**, 403rd Military Intelligence.



Photo by Staff Sgt. Marcus McDonald

Preparation

Tech. Sgt. Frances Wheeler and Master Sgt. Brett Foster, Air Force Sergeants Association members, question Airman David Berger as part of an AFSA Mock Board. The board is held on the last day of the First Term Airman's Center and prepares young Airman for future professional development.

Community Events

■ **First-time home buyers class** — 5:30 p.m. Monday in the family support center. To sign up, call 226-4735.

■ **Freedom Fest 2004** — 11 a.m. to 4 p.m. July 4 in the Misawa Collocated Club. Events going on include a pie-eating and watermelon seed-spitting contest, live entertainment, a ventriloquist, children's games, face painting, food, prizes and giveaways. For more information, call 222-9512.

■ **Red, White and Blue Sale** — July 3-5 in the Golf Pro Shop. 15 percent off clothing merchandise and 10 percent off golf merchandise.

■ **Mt. Fuji Tours** — Tickets for August tours go on sale July 7 in Four Seasons Travel. Cost is

\$255 for adults, \$190 for children ages 4-12 and \$90 for children under three. For more information, call 226-3555.

■ **Readiness briefing** — 8:30 a.m. July 7 in the family support center.

■ **Guamanian Cooking Class** — 6 p.m. July 8 in the family support center.

■ **Colossal Cookie Challenge** — 6 p.m. July 10 in the Mokuteki Community Center. For more information, call 226-4128.

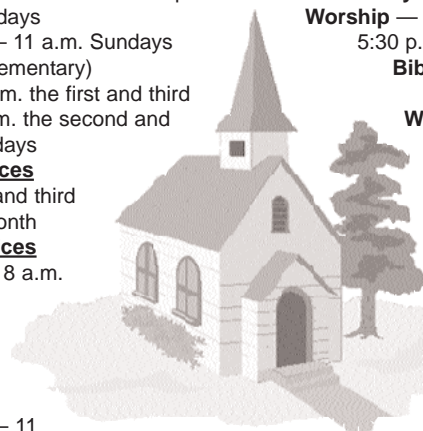
■ **Preschool playgroup** — 9:30 to 10:45 a.m. Fridays in the Torii Building. For more information, call 226-3230/2123.

■ **Give Parents A Break** — 10 a.m. to 2 p.m. July 10 in the family support center. For more information, call 226-4735.

35th Fighter Wing Chapel

Catholic Services
Daily Mass — noon Mondays through Thursdays
Sunday Masses — 9:30 a.m. and 12:30 p.m. Sundays
Sunday School — 11 a.m. Sundays (Sollars Elementary)
Confessions — 11 a.m. the first and third Mondays and at 7 p.m. the second and fourth Mondays
Jewish Services
7 to 9 p.m. the first and third Fridays of every month
Protestant Services
Holy Communion — 8 a.m. Sundays
Sunday School — 9:30 a.m. and 12:30 p.m. Sundays (Sollars Elementary)
General Protestant — 11 a.m. Sundays
Inspirational Worship — 2 p.m. Sundays
Contemporary Worship — 6 p.m. Sundays

Islamic Services
noon Fridays
Church of Christ
Bible Study — 9 a.m. to 10 a.m. Sundays
Worship — 10:15 a.m. to 12:00 p.m. and 5:30 p.m. to 7:30 p.m. Sundays
Bible Study — 7 p.m. to 9 p.m. Mondays
Worship — 7 p.m. Wednesdays (Security Hill Chapel)
Seventh Day Adventist Services
10 a.m. Saturdays (Security Hill Chapel)
United Pentecostal Services
Worship — 1 p.m. Sundays
Bible Study — 7 p.m. Thursdays (Security Hill Chapel)
Eighth Gate Neo-Pagan Discussion Group
6 to 8 p.m. Tuesdays in the Chapel Annex (Bldg. 1555, Room 13)



Airman 1st Class Jessica De Pierri
Organization
35th Communications Squadron
Duty title
Still photographer
Hometown
Rio Hondo, Texas



Warrior of the Week

"Airman First Class De Pierri is an outstanding Airman. She's eager to learn and strives to become the best photographer in the Air Force. Her can-do and will-do attitude already sets her apart from her peers. A1C De Pierri is a great addition to the 35th CS Multimedia family and she has a bright future ahead of her."

Staff Sgt. Louis Rivers
35th CS Multimedia Center

Richard Bong Theater

Today — "The Day After Tomorrow" (PG-13) 7 p.m. The world hangs in the balance when global warming brings on catastrophic floods, hurricanes and earthquakes, leading to the next Ice Age. A lone scientist (Dennis Quaid) tries to rescue his son (Jake Gyllenhaal) from New York City where the weather will soon destroy the city. "The Punisher" (R) 9:30 p.m. In this adaptation of the Marvel comic book, FBI agent Frank Castle, grieving from the mob-organized murders of his wife and mother, transforms himself into the Punisher, a costumed superhero with a take-no-prisoners approach to eradicating crime in America. John Travolta plays the crime lord Howard Saint.

Saturday — "Johnson Family Vacation" (PG) 1 p.m. The Johnson family, led by father Nate (Cedric the Entertainer), sets out on an ill-fated road trip across the country to their annual family reunion in Missouri. But the journey goes comically awry as their disfunctions take over and the obstacles begin to pile up in their path.

"The Day After Tomorrow" (PG-13) 7 p.m.

Sunday — "Johnson Family Vacation" (PG-13) 1 p.m. "The Day After Tomorrow" (PG-13) 5 p.m.

Monday — "Connie And Carla" (PG-13) 7 p.m. When two Chicago dinner theater performers, Connie (Nia Vardalos, of 'My Big Fat Greek Wedding') and Carla (Toni Collette, of

'Muriel's Wedding'), witness a mob hit, they use their mediocre acting and singing skills to disguise themselves as drag queen entertainers. But to their dismay, they find themselves growing increasingly popular.

Tuesday — "The Day After Tomorrow" (PG) 7 p.m.

Wednesday — "The Punisher" (R) 7 p.m.

Thursday — "Connie And Carla" (PG-13) 7 p.m.

July 2 — "Ella Enchanted" (PG) 7 p.m. This is a modern-day Cinderella fantasy. A young woman (Anne Hathaway, 'The Princess Diaries') is given the "gift of obedience" by a fairy, forcing her to obey anyone who commands her. But when she falls in love with a dashing prince, she must use her brains and self-confidence to break the spell. "Harry Potter And The Prisoner of Azkaban" (PG) 9:30 p.m. Harry Potter (Daniel Radcliffe) and his friends Ron (Rupert Grint) and Hermione (Emma Watson) return for their third year at Hogwarts School of Witchcraft and Wizardry, where the teenagers are forced to face their darkest fears as they confront a dangerous escaped prisoner.

July 3 — "Harry Potter And The Prisoner Of Azkaban" (PG) 1 p.m.

■ **Editor's note:** For movie updates, call 222-8700.



Timeout

■ **Swimming** — With the exception of open swimming on Fridays and weekends, the Himberg Pool is only open to registered American Red Cross swimming lesson patrons now through July 16 during the following times: from 9 to 11 a.m. and from 1:30 to 4 p.m. Mondays and Wednesdays, and from 9:30 to 11 a.m. and 1:30 to 4 p.m. Tuesdays and Thursdays. For more information, call the Outdoor Recreation staff at 226-9378.

■ **XTREME Paintball Rumble** — A Single Airman's XTREME Paintball Rumble takes place from noon to 5 p.m. Sunday. The event is free and is open to all E-1s to E-4s at Misawa who are single and unaccompanied. Advance registration at Outdoor Recreation is required. For more information, call 226-9378 or 226-3480.

■ **Golf tournament** — Wednesday is the deadline for people to sign up for Misawa's Red, White and Blue Golf Tournament, scheduled for July 4 at the Gosser Memorial Golf Course. Tee times are from 6:30 to 8:22 a.m. A \$5 entry fee applies. For more information, call 222-GOLF (4653).

■ **Introduction to Kayaking** — Outdoor Recreation offers an introductory kayaking course from 8 a.m. to noon each Saturday in June. The cost is \$35 per person. For more information, call 226-9378.

■ **Youth baseball** — Youth baseball registration continues through July 2 in the Lunney Youth Center. Volunteer coaches are also needed. For more information, call 226-3882.

■ **Children's bowling** — Children can learn to bowl from 10 a.m. to noon Tuesdays and Thursdays from July 13 to Aug. 12 in the Walmsley Bowling Center. Participants receive a bowling ball, a bag and lessons. For more information, call 222-7731.

■ **Bed race competition** — Misawa's Great American Bed Race Competition is set for 10 a.m. July 17 in the Mokuteki Community Center. Five-person teams will race through an obstacle course, against the clock and each other, for prizes. For more information, call 226-4128.

■ **Parent and tot gymnastics** — The Lunney Youth Center holds parent and tot gymnastics at three different sessions in Bldg. 1044: from 11 to 11:45 Mondays; from 10:30 to 11:15 a.m. Thursdays; and from 9:15 to 10 a.m. Fridays. For more information, call 226-3220.

■ **Lifeguards** — Lifeguards are on duty at the base beach from noon to 5 p.m. weekdays and from 11 a.m. to 6 p.m. Sundays and holidays. For more information, call 226-9378.



A member of the 35th Aircraft Maintenance Squadron's Team A heads home to score a run for his team, which blanked the 35th AMXS's Team B 18-0.

Teams hit the field for a game of...

Intramural  softball



The 35th AMXS's Team B pitcher launches the ball.



Photos by Staff Sgt. Louis Rivers

A member of 35th Aircraft Maintenance Squadron's Team A hits a pop fly into the outfield during intramural softball action last week. His team is currently ranked among the best in the Large Division.

M

Free,
Exciting
Gridiron
Action

Varsity Football Schedule

2004 Home Games

(on field behind Edgren High)

Saturday/2 p.m.

Opponent: Atsugi Dolphins

July 17/2 p.m.

Opponent: Yokosuka
Seahawks

Aug. 7/2 p.m.

Opponent: Yokota Raiders

2004 Away Games

July 10/6 p.m.

Opponent: Yokota Raiders

July 31/4 p.m.

Opponent: Yokosuka
Seahawks

Aug. 14/4 p.m.

Opponent: Atsugi Dolphins



Courtesy photo

The Marauders' offensive line stand their ground during competition at Yokosuka. The team plays their first home game at 2 p.m. Saturday against Atsugi on the Potter Fitness Center Field behind Edgren High School.